

From Guidance to the Ground:

**APPLYING PEDESTRIAN
AND BICYCLE DESIGN
AT SIGNALS ACROSS
SCALES**



ITE Mid-colonial District Annual Meeting

April 16, 2026

SESSION OVERVIEW

National



State



Local



**WHY IS THIS SO
IMPORTANT?**

“ Hold paramount
the safety, health,
and welfare of the
public. ”

- National Society of Professional Engineers Code of Ethics

Traffic fatalities are a crisis affecting *all road users*.

40,901

Lives lost on US roads in 2023

Source: NHTSA Traffic Safety Facts, 2023 Data

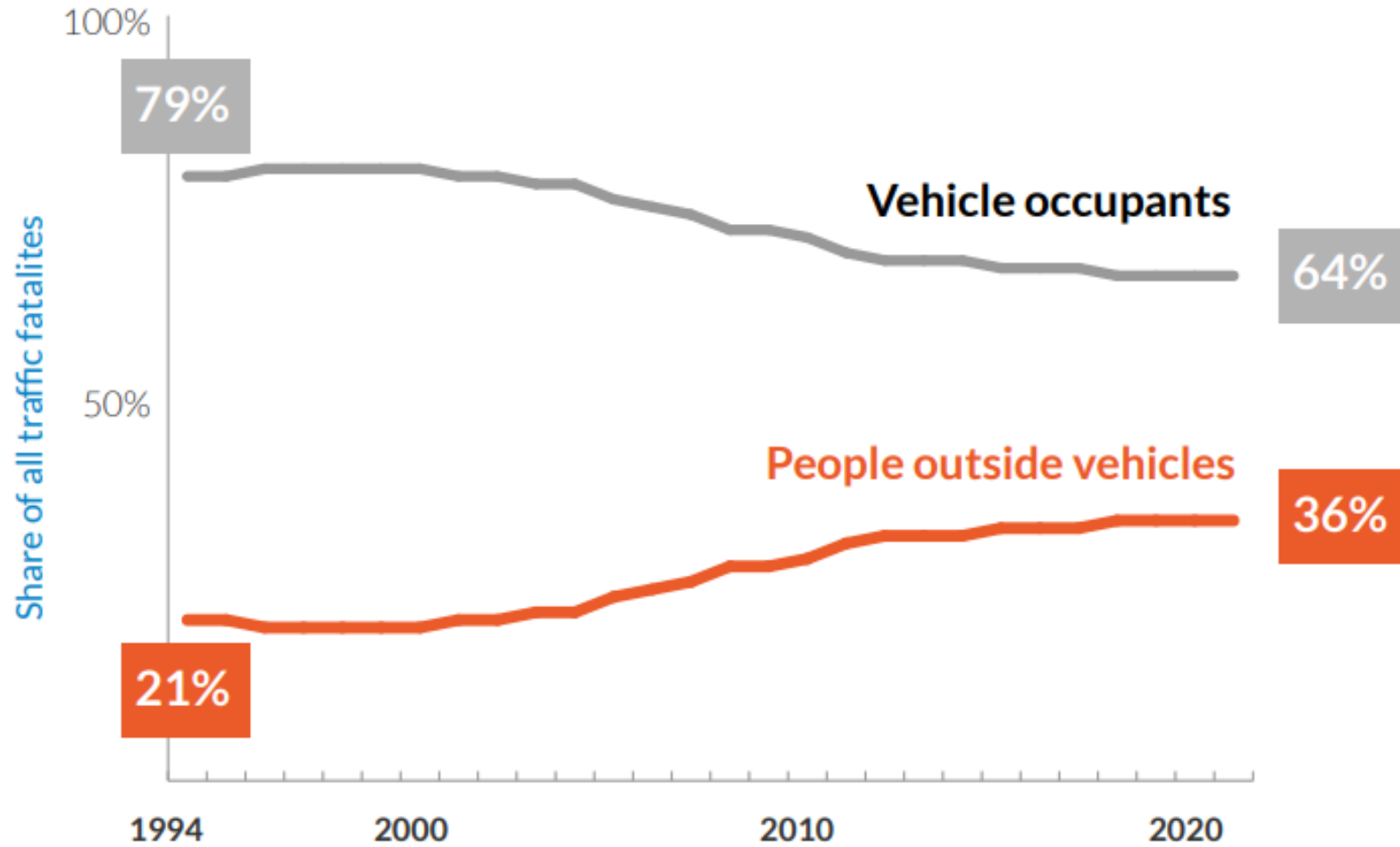
1,166

Number of bicyclists killed in 2022

Source: NHTSA Traffic Safety Facts, 2023 Data

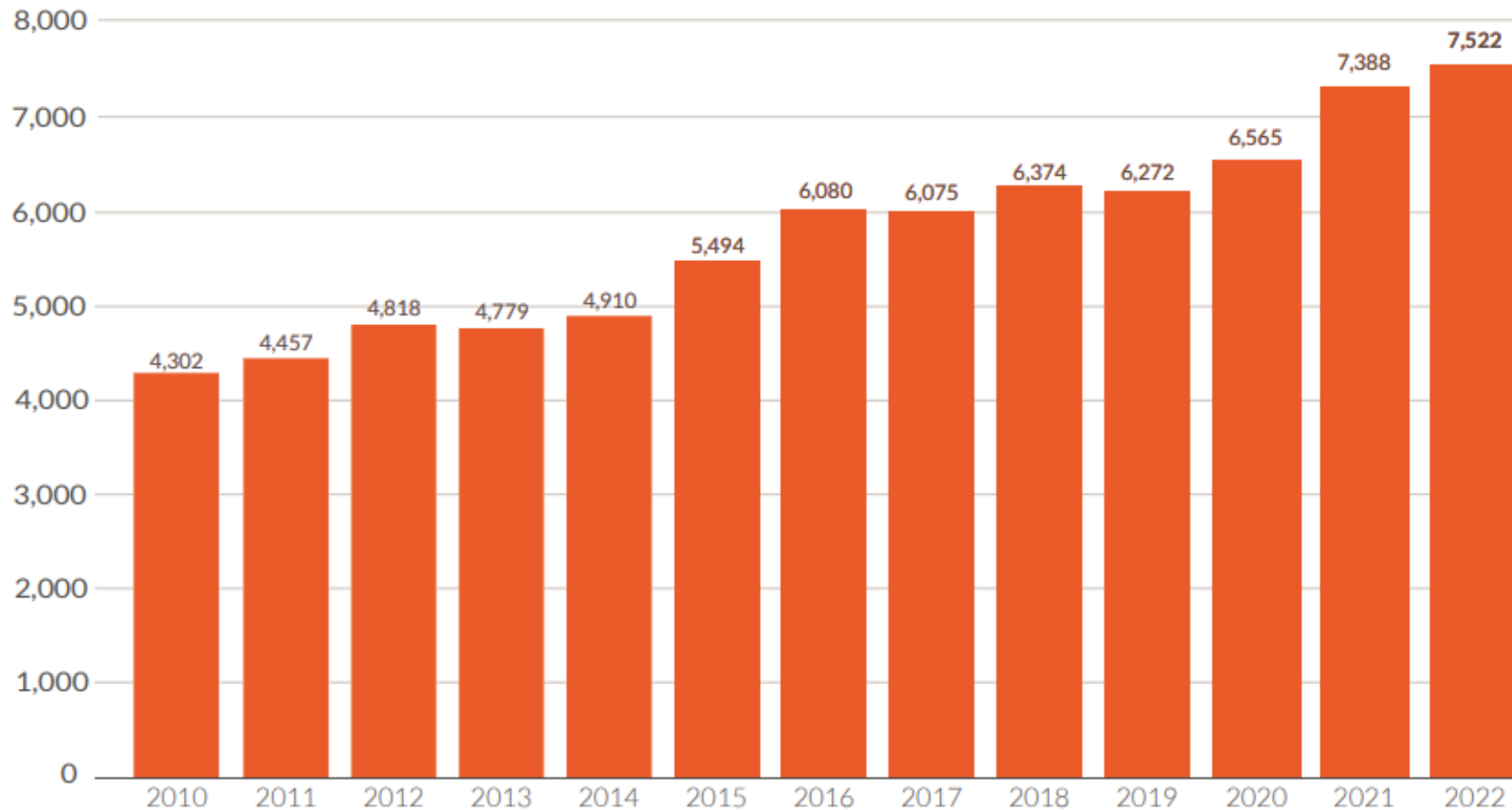
**Bicyclists have
1% of trips but
3% of fatal crashes**

A growing share of all traffic deaths are people outside of vehicles



Dangerous By Design 2024 (Smart Growth America and National Complete Streets Coalition)

75 percent increase in the deaths of people walking since 2010



U.S. pedestrian deaths (2010-2022)

Dangerous By Design 2024 (Smart Growth America and National Complete Streets Coalition)

Today's presentations will discuss these types of crashes:

Right-hook crashes



more common

Left-hook crashes



more severe

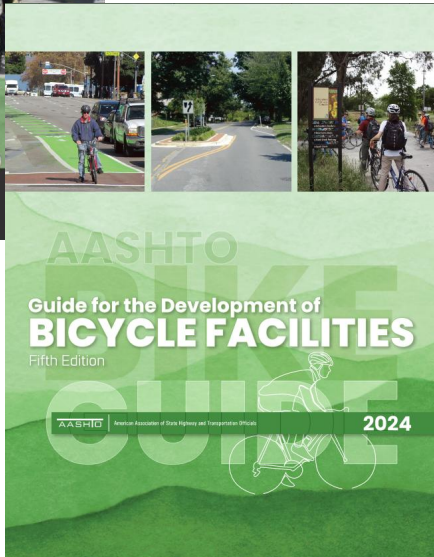
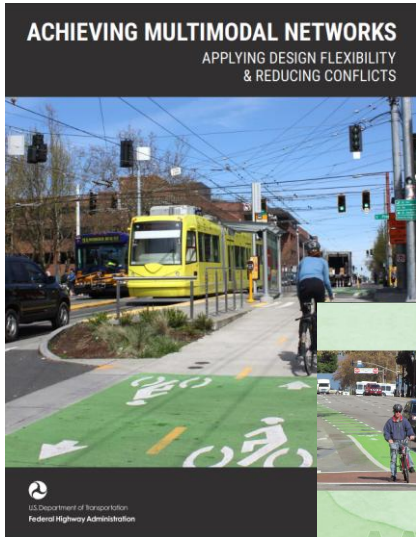


NATIONAL GUIDANCE



GUIDANCE COMES IN MANY FORMS

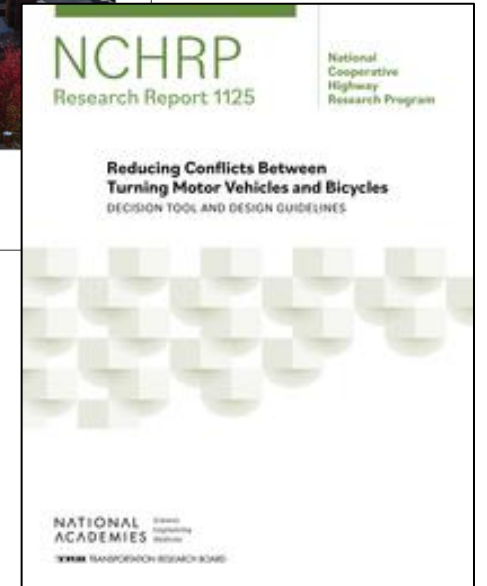
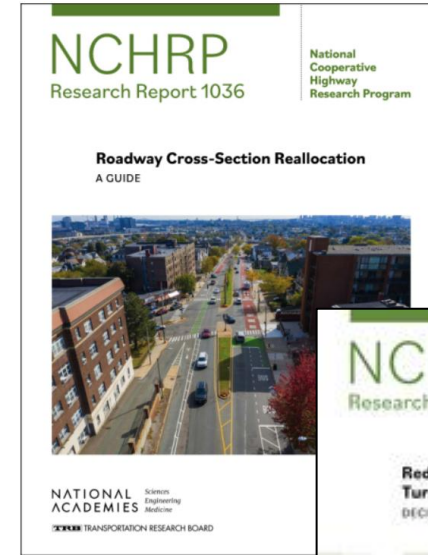
National-Level Guidance



Look Beyond Your Borders

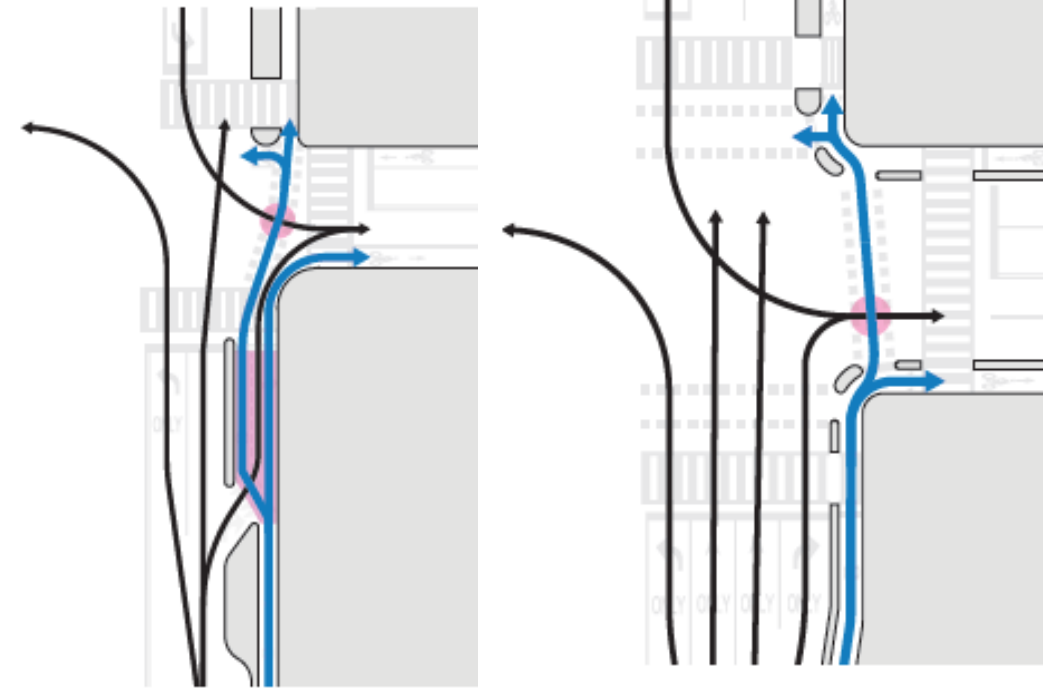


Stay Informed



INTERSECTION DESIGN OBJECTIVES

- AASHTO Bike Guide Chapter 5
 - 5.8.1. Minimize Exposure to Conflicts
 - 5.8.2. Reduce Speeds at Conflict Points
 - 5.8.3. Communicate Right-of-Way Priority
 - 5.8.4. Providing Adequate Sight Distance
 - 5.8.5. Transitions to Other Facilities
 - 5.8.6. Accommodating Persons with Disabilities



Separated Bike Lanes with
Mixing Zones^a

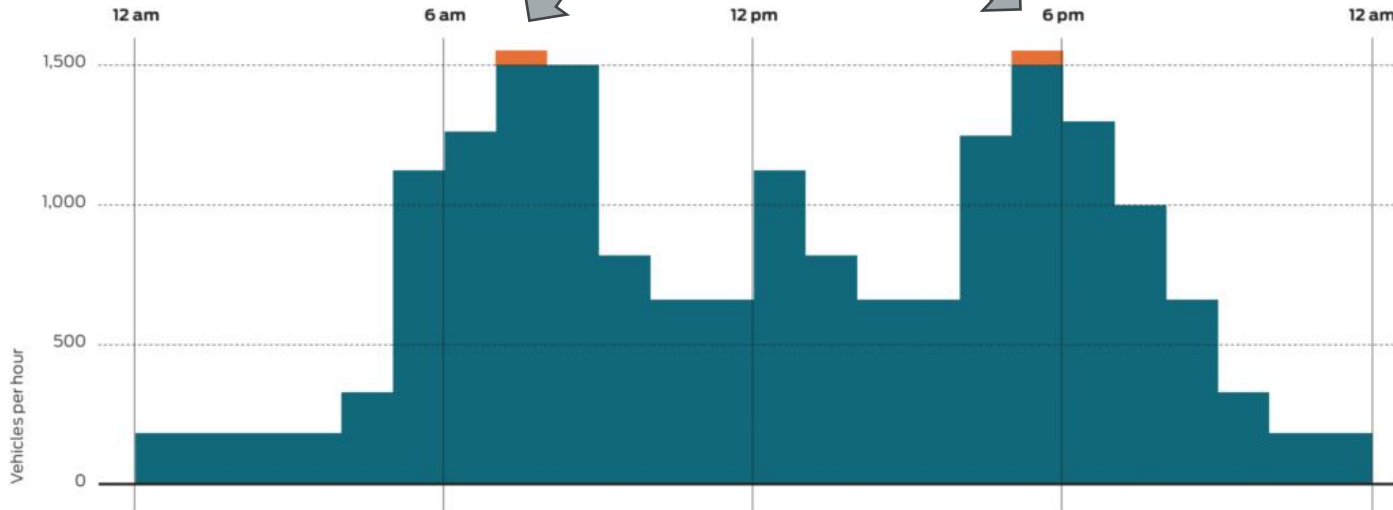
Protected Intersections^a

Legend

- bicycle travel path
- motorist travel path
- potential conflict

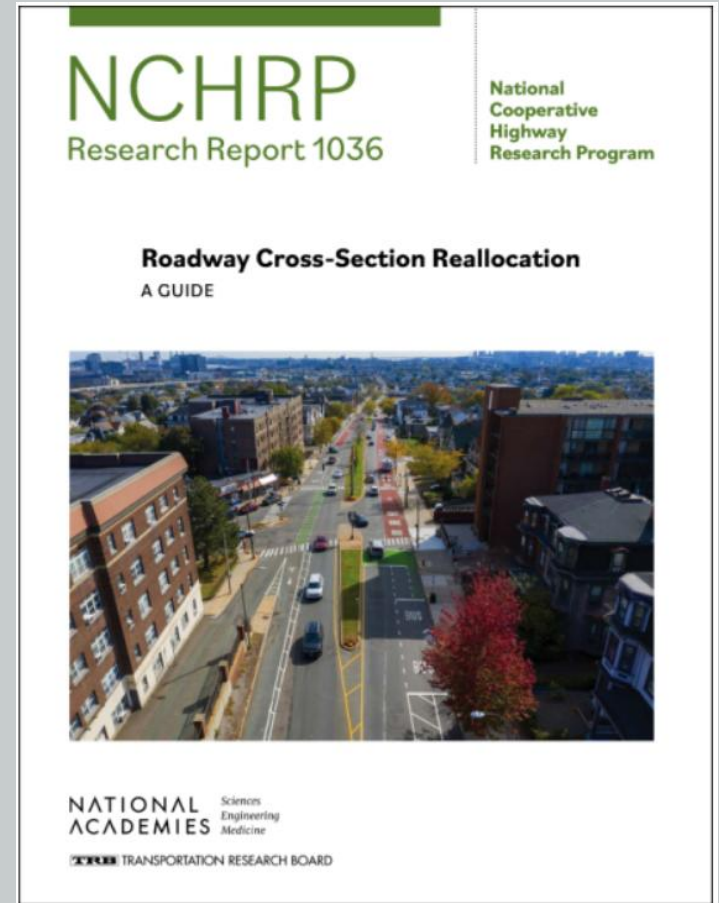
ALL DAY CONSIDERATIONS

Designing for peak hours



NACTO Urban Street Design Guide

Leads to higher speeds during all other hours of the day



1. Hourly demand-to-capacity (d/c) ratio
2. 16-hour efficiency
3. 16-hour excess lane-capacity
4. Total hours below capacity

**TRAFFIC ANALYSIS AND
INTERSECTION
CONSIDERATIONS TO INFORM
BIKEWAY SELECTION**



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**Important supplement to the
FHWA Bikeway Selection Guide:**

- Recommends adjusting assumptions to fit within a holistic approach and allow motor vehicle traffic analysis to **INFORM** not **DRIVE** decisions
- Includes Discussion Prompts to support making difficult choices at constrained intersections.

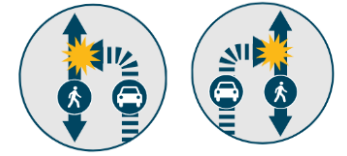


INTERSECTION TREATMENTS



LEADING PEDESTRIAN INTERVALS

Addressing these conflict types



- Install on a case-by-base basis using vehicle OR pedestrian volume

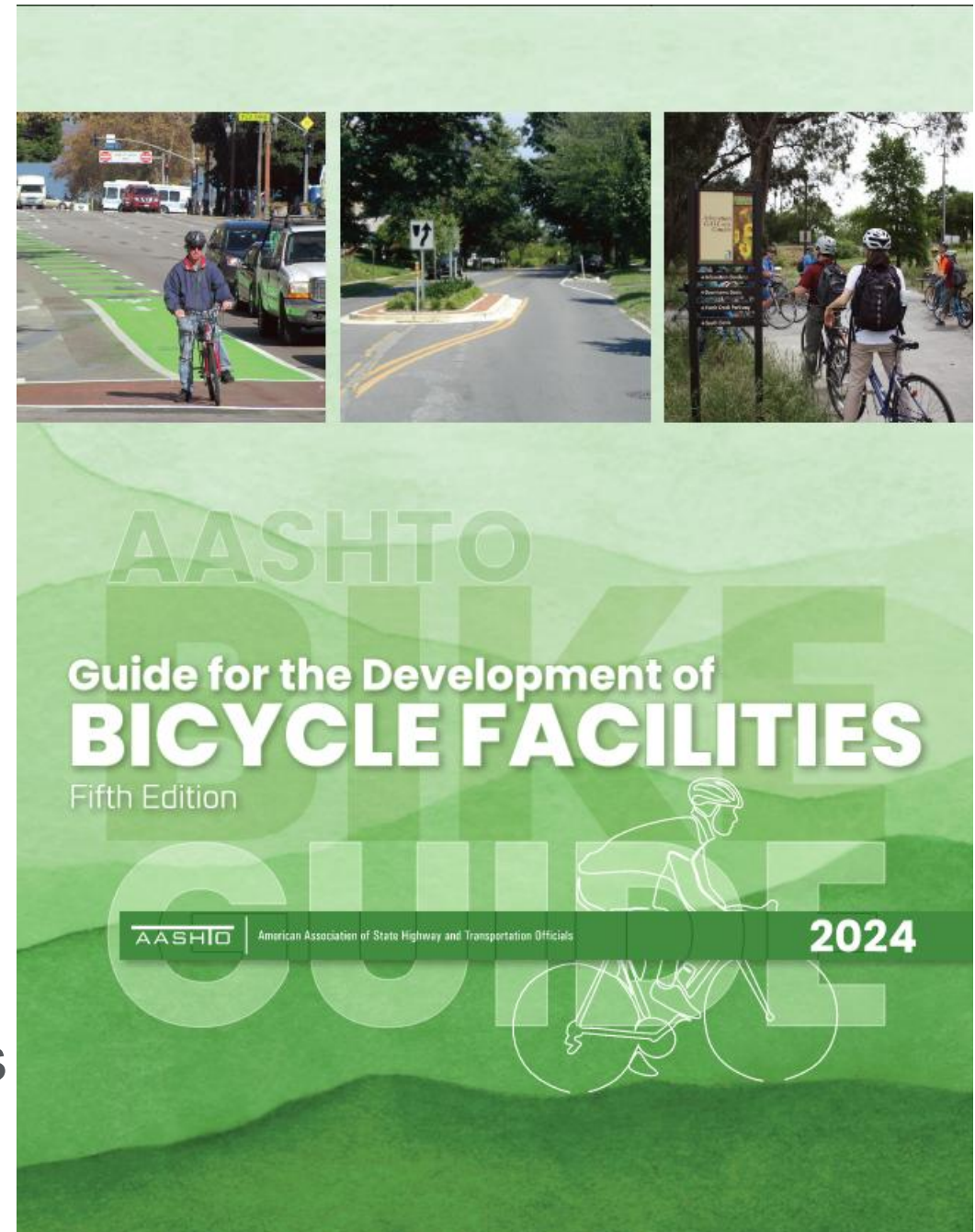
Warrant	Turning Vehicles Volume (A)	Pedestrian Volume (B)
Vehicle Peak Hour	≥130 per hour	≥25 per hour
Pedestrian Peak Hour	≥100 per hour	≥50 per hour
4-Hour Vehicular and Ped Volume	≥105 per hour	≥30 per hour
8-Hour Vehicular and Ped Volume	≥100 per hour	≥25 per hour
School Crossing	≥50 per hour	

- Install systemically based on prioritization criteria (e.g., existing high crash rates, location near a school, commercial hub)

ODOT Multimodal Design Guide

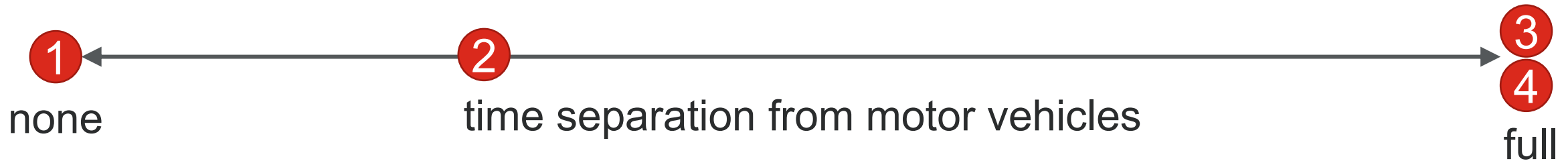
AASHTO BIKE GUIDE

- 10.1 Introduction
- 10.2 Design Guidance for Traffic Signal Control
- 10.3 Traffic Signal Phasing for Managing or Reducing Conflicts
- 10.4 Traffic Signal Timing for Bicyclists
- 10.5 Bicycle Signal Design Consideration
- 10.6 Detection for Bicycles
- 10.7 Design Guidance for Pedestrian Hybrid Beacons
- 10.8 Toucan Crossings with Traffic Signals





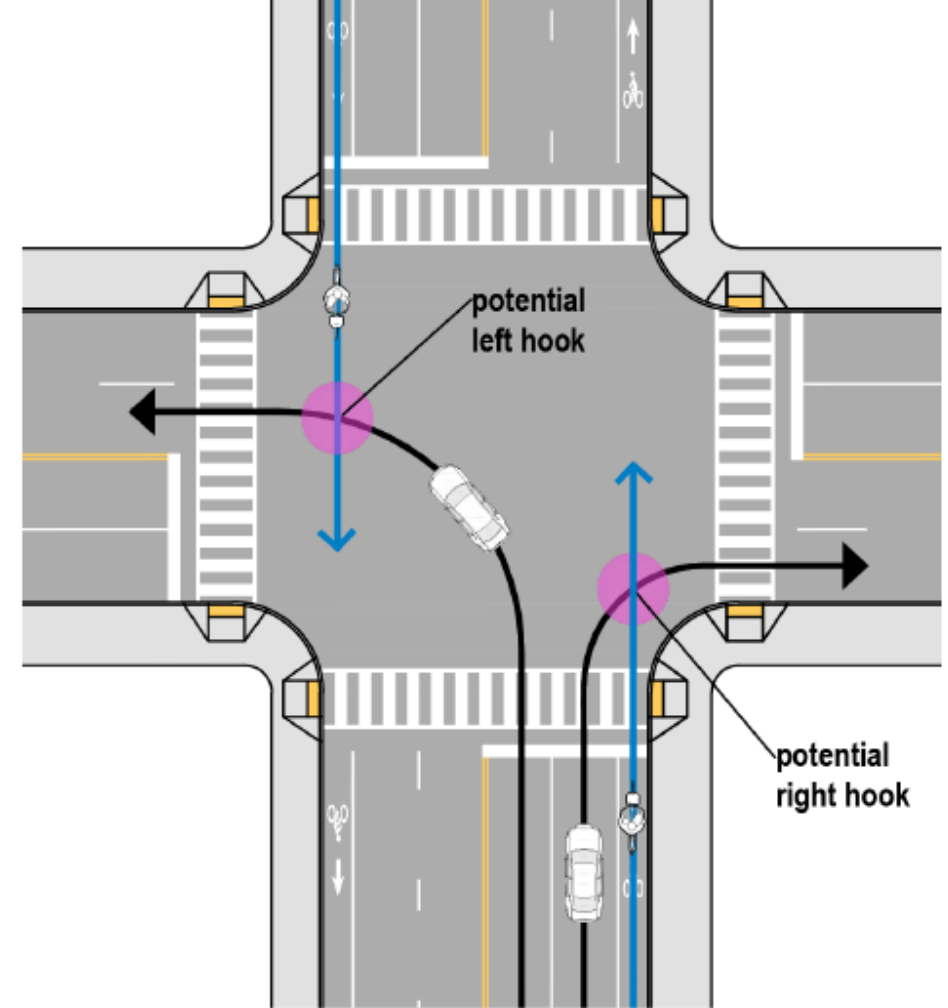
- 1 Bike phase on with conflicting permissive vehicle turns
- 2 Leading bicycle interval with no conflicts, then bike phase on with conflicting permissive vehicle turns
- 3 Bike phase on with non-conflicting thru vehicle movement (no conflicts)
- 4 Protected bike phase: Bike phase on with no other vehicle movements



10.3.5. SIGNAL PHASING SCHEMES FOR REDUCING CONFLICTS

Table 10-1: Recommended Hourly Turning Traffic Thresholds for Time-Separated Bicycle Movements

	Left Turn Crossing One Vehicle Lanes	Left Turn Crossing Two Vehicle Lanes
One-Way Bike Lane	<p>≥ 100</p> <p>$\geq 150^*$</p>	<p>≥ 50</p> <p>$\geq 150^*$</p>
Two-Way Bike Lane	<p>≥ 50</p> <p>$\geq 100^*$</p>	<p>ANY</p> <p>$\geq 100^*$</p>



legend







-  bicyclist path of travel
-  vehicle path of travel
-  potential conflict

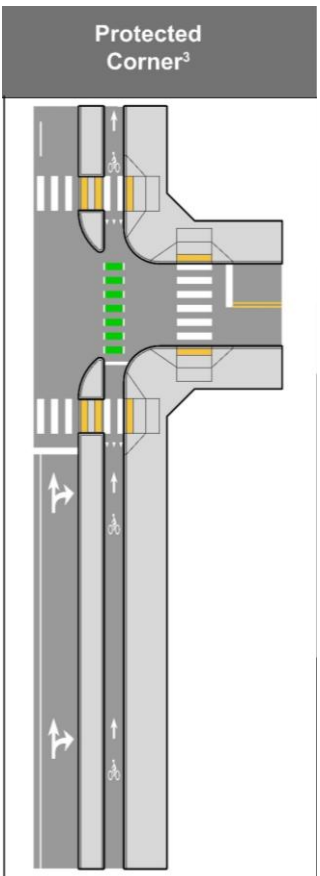
Figure 10-3: Left-Hook and Right-Hook Graphic






Methods	Scale	Strengths	Disadvantages
 Micro-Crash Analysis	573 sites 233 crashes	<ul style="list-style-type: none"> • Direct measure of safety 	<ul style="list-style-type: none"> • Observational method and rare events • Limited details of crash event actions • Variations in crash reporting • Needs accurate exposure information
 Video-Based Conflict Analysis	28 sites 2,000+ hrs video 16k+ conflicts	<ul style="list-style-type: none"> • Detailed event-level data and many observations 	<ul style="list-style-type: none"> • Observational method • Conflicts with VRUs harder to define consistently with metrics • Knowledge gap in correlation with crashes for VRUs
 Human Factors Study (Simulator)	40 participants 640 turns ~8 hrs data	<ul style="list-style-type: none"> • Controlled experiment • Not limited to sites built • Detailed event and driver performance data 	<ul style="list-style-type: none"> • Limited to drivers recruited to experiment • Challenge with translating performance measures to safety and design decisions • Practical limit on variables to explore

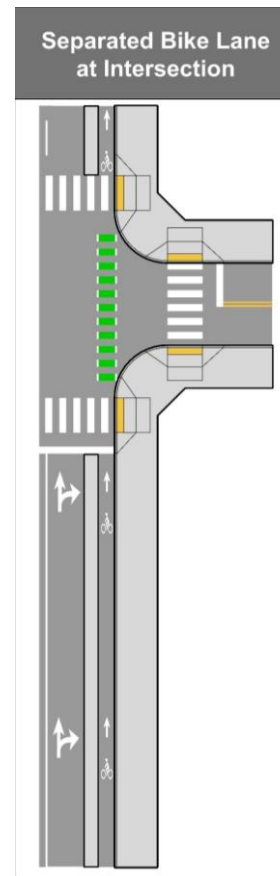
Method #4 - Incorporated previous research on bicyclists' comfort when interpreting results from the research.

FINDINGS FOR PREFERRED TREATMENTS






Protected corner are recommended for any locations where space can be reallocated to provide a protected corner.

- * Middle crash rate in AUS, MSP, SEA*
Lowest crash rate in NYC
-  Similar number of conflicts as Mixing Zone
-  Second lowest mean speed at conflict point
-  People bicycling are the most comfortable with a Protected Corner

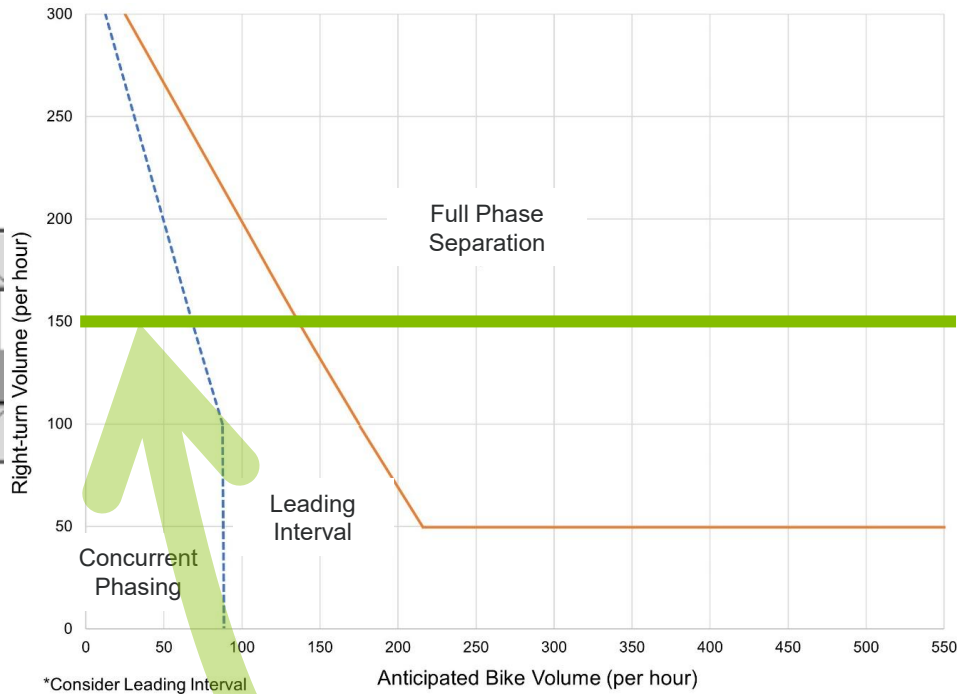


Separated bike lane treatment at the intersection is recommended where there is not space to provide a protected intersection.

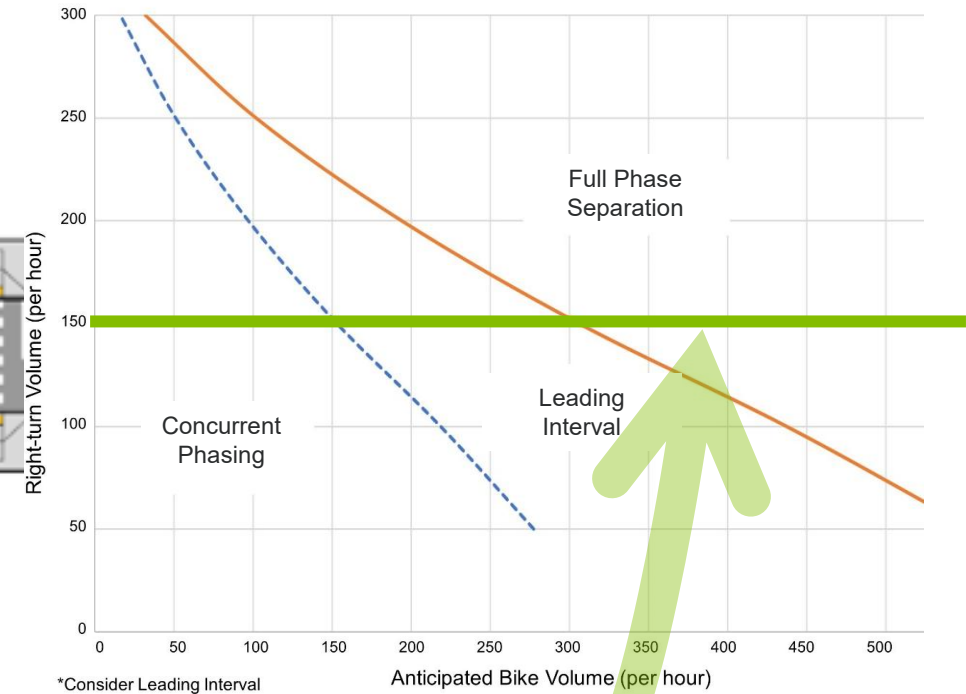
- * Highest crash rate in AUS, MSP, SEA
Second highest crash rate in NYC**
-  Lowest predicted number of conflicts
-  Moderate mean speeds at conflict point
-  People bicycling are comfortable at intersections that maintain separation

REVISED THRESHOLDS FOR PHASE SEPARATION

Separated Bike Lane



Protected Intersection



Threshold from AASHTO is 150 vph regardless of intersection treatment and bicycle volume



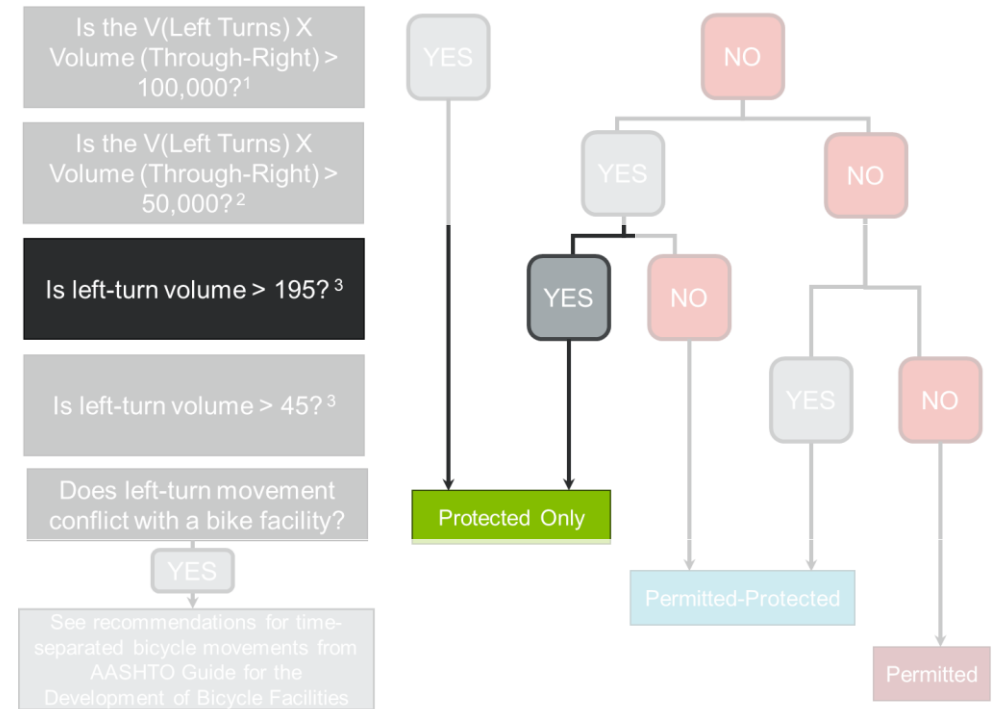
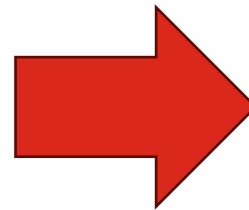
- Left-turn phasing can be used to address pedestrian-vehicle conflicts
- National standard does not exist, so look to state or local

B Boston Transportation Department Signal Operations Design Policy

Left Turn Phasing Strategies

Protected-only left-turn phasing should be applied in the following cases:

- h. Left turns across two opposing through lanes if the left turn crosses a bike lane or a crosswalk, unless permitted left turn phasing would generate no more than 1.5 permitted left turns per cycle.



**Designing for bikes and pedestrians
at signals isn't about adding
features—it's about reshaping how we
allocate priority, time, and space at
the most complex points in the
network.**